MONDAY 22 JUNE

2 Kings 17:5-8. 13-15. 18 Psalm 60:1-5, 11end Matthew 7:1-5

TUESDAY 23 IUNE

2 Kings 19:9b-11. 14-21, 31-36 Psalm 48:1-2. 8-end Matthew 7:6, 12-14

WEDNESDAY 24 IUNE Birth of John the Baptist

Isaiah 40:1-11 Psalm 85:7-end Acts 13:14b-26 or Galatians 3:23-end Luke 1:57-66. 80

THURSDAY 25 JUNE

2 Kings 24:8-17 Psalm 79:1-9, 12 Matthew 7:21-end

FRIDAY 26 IUNE

2 Kings 25:1-12 Psalm 137:1-6 Matthew 8:1-4

SATURDAY 27 JUNE

Lamentations 2:2. 10-14, 18-19 Psalm 74:1-3, 21end Matthew 8:5-17

REFLECTION

ctions have Aconsequences, and in our Old Testament readings this week God's people confront the disaster that their disobedience has brought upon them. Despite frequent reminders from the prophets, they have deliberately bought into the



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spirit of the age, worshipping false gods with enthusiasm. Things are so bad that God no longer wants to engage, sending them into exile to get them out of sight. But this is also a story of God's unrelenting commitment to the people through divine words of hope, judgement, summons, and warning, as God seeks to maintain the covenant relationship: "I will defend this city to save it, for my own sake and for the sake of my servant David."

As Israel sinks into corporate lament, sitting in the dust, it might seem that all is lost, but there is yet hope.

John the Baptist's birth lies far in the future, but the promise God offers through Isaiah points not just to John's ministry but speaks also into all situations of desolation; those times when our own folly has reaped its inevitable, painful, reward. God is coming, not with fear but with comfort for all people. Even us.

God of grace and mercy,

though we too often turn away in search of other gods, you stay constant, and reward us from the treasury of vour kindness,

which outweighs even our intransigence and pride. When times are dark, and we seem to be lost in the desolation we have caused. reshape the landscape of our lives, and gather us once more in your loving arms.

CLIMBING KILIMANJARO

PART V -REACHING THE SUMMIT

ohn Witcombe concludes his account of climbing Kilimanjaro.

We were roused from our sleeping bags at ten o'clock on Saturday night. Putting on all the clothes we had, using head torches to see the path, we set off slowly to climb the gruelling final 1,200 metres to the summit. Extreme altitude makes both thought and movement difficult. Each step takes a huge effort and progress seems painfully slow. Nausea and headaches are overwhelming, and the determination to succeed competes with the knowledge that to press on through the symptoms of altitude sickness can be fatal. "Why on earth am I doing this?" is the big question.

And then, after seven hours of putting one foot in front of another, we reached Stella Point on the edge of the volcanic cone. Across to our left were the tops of the glaciers tinged pink in the sunrise. An hour's walk round the rim got us to the summit, 5,895 metres, almost deserted because our progress had been slow and others had already left. There was a surreal sense of unbelief that we'd made it, and in truth it was so cold, with such a gale blowing, that we just

wanted to get down again. But as we walked away we looked down on the ice cliffs of the remaining glaciers, so much smaller than when Meyer first climbed Kili a hundred and thirty years ago. In ten years, we'd been told, they will be gone.

Slithering down the way we had laboured up in the dark, the bleakness of the landscape was extraordinary, like Frodo and Sam on their way down Mount Doom. Achieving our objectives is not always what we think or hope for. I'm amazed I made it to the top of Africa in my sixtieth year. But, looking back, it was the journey

across the lower slopes that was most surprising and most rewarding.

I'm very happy that my sixtieth year started on the top of Kilimanjaro. Now I'm back to the day job, scaling the challenges and heights of being Dean of Coventry Cathedral. But it doesn't take much for me to think myself back to the mountain and a journey fulfilled.



SUSTAINING YOU THROUGH THE WEEK

> Edited by Caroline Hodgson and Heather Smith



Second week after Trinity

Monday 22 June to Saturday 27 June 2020

The Priory Church of the Holy Trinity, Micklegate, York Weekly Pew Sheet (21 to 27 June)

The church building is closed, and there are no acts of public worship at the moment due to the coronavirus outbreak. During this time, we have two ways you can join in prayer services from home or work – see below. For those at home, the weekly pew sheet and service book will be posted to you. If you have internet access, both are available online. You can join from 5 minutes before the start time.

To join by calling from your telephone

Please see the details under each service. Dial the number and when asked to, enter the meeting ID.

To join if you have internet access

Join via clicking the Zoom link (under each service below) or go to our Facebook page Holy Trinity York and watch the video.

How to contact us

Call 01904 630518 or text 07492 067803

mark@holytrinityyork.org www.holytrinityyork.org

Sunday 21 June – Morning Prayer at 11am

Readings: Psalm 86: 1-10; Genesis 21: 8-21; Matthew 10: 24-39 Hymns: Soul of my saviour; Now, my tongue, the mystery telling

Preacher: The Rev'd Kingsley Boulton

Dial-in number: 0131 460 1196

Meeting ID: 234 796 177

Join from your computer, smartphone or tablet

Wednesday 24 June - Coffee morning 10am-11am

As we are all in our homes, our coffee morning is now on Zoom and telephone. Come along and catch up with everyone.

Join from your computer, smartphone or tablet

Dial-in number: 0131 460 1196

Meeting ID: 788 838 668

Wednesday 24 June - Midday Prayer at 12.15pm

Readings: Psalm 72: 1-8; John 18: 33, 36-38

Music: Taizé Kyrie and In our darkness

Dial-in number: 0131 460 1196

Meeting ID: 159 391 586

Join from your computer, smartphone or tablet

Re-opening for individual private prayer

The Government announced that churches may, where possible, re-open for individual private prayer. The Churchwardens are currently working through the required risk assessment and accompanying Government and Church of England guidance ready for a PCC meeting on 22 June to decide how best to re-open to keep our staff, volunteers and visitors safe.